

ADLENT CALENDAR



PLEASE USE HASHTAG **#ADLENTCALENDAR** TO SPREAD THE WORD

22 February Tinned fruit 01	UHT Milk 02	Squash 03	Tinned Rice Pudding 04
Jam 05	Biscuits 06	Soup 07	Tinned fish 08
Rice 09	Coffee (instant) 10	Tinned Ham 11	Cereal 12
Hot Dogs 13	Chicken Curry 14	Toilet roll 15	Tinned vegetables 16
Shaving Foam 17	Long life fruit juice 18	Deodorant 19	White Sauce 20
Chocolate bars 21	Crackers 22	Tinned Vegetables 23	Shower gel 24
Tinned Potatoes 25	Conditioner 26	Custard 27	Nappies 28
Crisps 29	Laundry tablets 30	Washing up liquid 31	Tinned pie 32
Toothpaste 33	Peanut butter 34	Porridge 35	Shampoo 36
Period products 37	Condiments 38	Cereal bars 39	6 April Pet Food 40

Please deliver all the food to our address:

The Valley Social Centre
Whitehawk Way
BN2 5HE, Brighton

www.thewhitehawk.foodbank.org.uk

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